



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SPRING POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Adult and Lap Swimming 5am - 9am</b>					Open and Lap Swimming 7:30-9am	Pool opens at noon
Senior Water Class 9-10am	Senior Water Class 9-10am	Open and Lap Swimming 9am - 2pm	Senior Water Class 9-10 am	Open and Lap Swimming 9am - 2pm	Swim Lessons 9-10:30am ***	
Open and Lap Swimming 10-2pm	Open and Lap Swimming 10-12:30pm		Open and Lap Swimming 10-12:30pm		Open and Lap Swimming 9-12:45pm	Open and Lap Swimming 12-1pm
Senior Water Class 2-3pm	Senior Water Class 12:30-1:30pm	Senior Water Class 2-3pm	Senior Water Class 12:30-1:30pm	Senior Water Class 2-3pm	Pool Parties 1-5:45pm	Pool Parties 1-5:45pm
Open and Lap Swimming 3-5:30pm	Open and Lap Swimming 1:30-5		Open and Lap Swimming 3-5:30pm			
Cardio Fit Aerobics 5:30-6:30pm	Swim Lessons 5-6:30pm ***	Cardio Fit Aerobics 5:30-6:30pm	Swim Lessons 5-6:30pm ***	Cardio Fit Aerobics 5:30-6:30pm		
Swim Lessons 6-7pm	Aqua Zumba 6:30-7:15pm	Swim Lessons 6-7pm	Aqua Zumba 6:30-7:15pm	Open and lap Swimming 6:30-8:30pm		
Family Swim 7-8:30 Inflatable 7-8pm	Open and Lap Swimming 7:15-8:30pm	Open and Lap Swimming 7-8:30pm	Open and Lap Swimming 7:15-8:30pm			
						Pool closes 6:30pm

**\*\*\*Pool space is restricted to 2 lap lanes at this time, therefore only lap swimming is permitted**

***Shaded areas represent pool closed for programming***